Dear Parent/s, Caregiver

In light of the recent earthquake our school is requiring that every child have their own emergency comfort kit.

It is a way of reassuring the children that they will have provisions if there is a disaster until they can be collected from school.

Could you please assist your child in putting it together and get them to bring it to school. This kit is an initial response for the first meal required and is more about having the resource as a psychological comfort for the children. By having a kit with a choice of food

that they like and maybe a small treasure or toy for comfort or to play with, they will feel that things are under control and that their teachers are ready to look after them if need be.

<u>TASK</u>: to make your own kit and find out where your family keep their emergency kit at home. The sooner these kits are done the better as we have no idea when and if they will be required.

Emergency comfort Kits Content Information

Children will need to bring a <u>2 litre square</u> (not oblong) shaped (this is for the logistics of storage) <u>ice cream container</u> to school. Into their box they put long life food and a spoon for eating it with. These kits get taken home at the end of the year then renewed for the following year.

Tinned food cans should be tear tab so it eliminates the need for tin openers. Food needs to be able to be eaten cold straight from the packet/tin. <u>Suggestions</u>:

<u>Tinned</u> creamed corn, spam, fish, spaghetti, baked beans, vegetables, fruit, creamed rice. Bars and the like, dried fruit, maybe some chocolate for energy. <u>NOTHING</u> like chippies, noodles that cause thirst or require hot water or cooking. All goods need a best by time of a year at least.

A <u>small</u> toy or something like a pack of cards can be included in the kit. Please name the ice-cream container clearly on the side and the lid.



