## **KOEC** Participant Gear List

We recommend naming all gear so that it can be identified if lost

| MANDATORY GEAR   |
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| The below mandatory gear is required for all participants  Personal Medication  Waterproof jacket  Sleeping bag and pillow  2x pairs of shoes (closed toe)  Toiletries  Clothing (for 3-day programmes only. Bring extra for longer programmes)  4x Pairs of underwear  4x Pairs of socks  3x T-shirts  2x Pairs of pants  2x Shorts  2x warm layers (Not cotton) – Fleece or wool only! |
| 2x warm layers (Not cotton) – Fleece of wool only:   |
| RECOMMENDED GEAR   |
| The below recommended gear is really good to have at camp but not mandatory  Pajamas  Sunscreen / insect repellent  Bed sheet, extra blanket  Gumboots  Waterproof trousers  Sunhat  Warm hat  2 sets of thermals  Plastic bags for dirty/ wet clothing  Torch   |
| OPTIONAL GEAR  The below optional gear can be brought to camp if you would like  Teddy bear Reading book   |

Please note: we keep lost property for one week and then donate unclaimed items to a local second hand shop. Any lost property must be collected from camp.

